



We are pleased to announce that we are now a *Rainbows* registered site! *Rainbows* is a programme which supports and guides children and young people.

We are running weekly support groups for our children who are living in single-parent families, step-families, or have experienced any painful loss.

When something significant happens in a family, the entire family is affected. Even though death, divorce or other loss issues appear to be only grown-up problems, they have a profound effect on the children who are touched by such experiences. If a parent dies or a divorce happens or a painful loss occurs, not only do the parents grieve, the children do also. Children may find it extremely difficult to verbalise their feelings of grief because of their age and inexperience.

We have some very sensitive, caring and trained adults who have said "yes" to helping these children put their feelings into words, work through their grief, build a stronger sense of self-esteem and begin to accept what has taken place in the family.

If your child is part of a single parent family, a step-family, has experienced the death of a loved family member, friend or sibling, or is struggling through a painful experience, this will be an opportunity for him/her to share with a special someone.

We are now also running the 'Sunbeams' group which some of our Foundation stage pupils attend weekly. Parents/Carers are invited to attend the first session of 'Sunbeams' with their child.

The support groups meet each week at a regular time and place in the school setting.

Please contact our school office if you would like more information about the *Rainbows* programme.

**Rainbows coordinator:**

Miss Kilby (SENCo and Inclusion Manager)

**Rainbows/ Sunbeams facilitators:**

Mrs Ombler (school nurse)

Miss Brown (Teaching assistant)

Sarah Johnson (Teaching assistant)