The Stockwell Way - PSHE and Relationships, Sex and Health Curriculum INTENT

PSHE lessons at Stockwell Academy aim to –

Support children’s development as human beings, to enable them to understand and respect who they are, to empower them with a voice and to equip them for life and learning. We include the statutory Relationships and Health Education within our whole-school PSHE Programme. To ensure progression we use Jigsaw, the mindful approach to PSHE, as our chosen teaching and learning programme and tailor it to children’s needs. At Stockwell Academy we are passionate about working together with colleagues, pupils, and the wider community to help make a difference in the lives of our young people. We are committed to giving all pupils the support, care, and guidance they need in a non-judgemental manor, giving them opportunities to gain the ability to cope with challenges in their lives and make contributions to their community. We aim to ‘live’ what is learnt and apply it to everyday situations in the school community.

**The subject pillars are:**

* Develop a deepening knowledge of their health and wellbeing, including their mental and physical health.
* Encourage the exploration of, and respect for, values held by different cultures and groups within our local community, and promote the development of positive attitudes.
* Develop children’s knowledge, self-esteem, emotional wellbeing and resilience, and to help them to form and maintain worthwhile and positive relationships.
* Prepare pupils for the opportunities, responsibilities and experiences of later life.
* Promote the spiritual, moral, cultural, mental and physical development of pupils at the school and in society.