

Self-Harm Awareness and Response (Virtual)

10 November 2023 or 1 March 2024

Target Group

Parents and carers.

Course Details

To raise your awareness of self-harm, help you to develop an understanding of the issues faced by young people who use self-harm behaviour, and what you can do to help them..

Learning Outcomes

A 3.5-hour session parents/carers of those young people who use self-harm behaviour.

- What is self-harm?
- Reasons why people self-harm
- Explore the multi-centre study on self-harm.
- The importance of self-care
- The importance of attitudes towards self-harm
- Have a conversation about self-harm.
- Resources to aid someone who is using self-harm

Times: AM 9:30am – 1pm

How to apply:

Application form or email learninganddevelopment@hullcc.gov.uk or call 01482 612442

Hull City Council Staff: Log on to OLM (Oracle Learning Management System) and enrol on the date suitable for yourself.

External to Hull City Council: Complete an Application Form and Return to:
Learning & Development, Brunswick House, Strand Close, Beverley Road, Hull,
HU2 9DB