



Hull Training and Adult Education

LEARNING ABOUT CHILDRENS BEHAVIOURS COURSE

STARTS TUESDAY 20 FEBRUARY 2024 AT 09:15-11:45AM

This five-week course is aimed at parents and carers of children. It enables you to discuss, try and explore a range of techniques effectively.

You will develop your understanding of what can affect behaviours, explore outside influences, environments or situations that may play a role in this.

On completion of the course, you will have:

Increased knowledge of the influences and effects on your child's behaviour

Confidence to develop strategies to support your own mental health and self-esteem

The ability to create activities and resources to support your child.

**ALL ENQUIRIES AND TO BOOK A PLACE SPEAK TO THE RECEPTION AT RAINBOW CENTRE
TEL: 01482 502466**

www.hcctraining.ac.uk

